

NO CLASSES: March 26th – 31st

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<p align="center">10 Week Session</p> <p align="center"><u>NO CLASSES: March 26th – 31st</u></p> <p align="center">Yoga - <u>90 Minutes</u> \$133.90</p> <p align="center"><u>60 Minute Classes ~ \$123.40</u> Body Blend, Tai Chi for Arthritis, Tone & Trim, Essential Pilates Fees include GST</p>		<p align="center">9:30-11:00 am Beginner Plus Yoga ~ Gillian ~</p> <hr/> <p align="center">4:00-5:00 pm Tai Chi for Arthritis ~ Wanda ~</p> <hr/> <p align="center">6:00-7:00 pm Tone & Trim ~ Wanda ~</p> <hr/> <p align="center">7:30-9:00 pm Beginner Plus Yoga ~ Sue ~</p>	<p align="center">10:15-11:45 am Easy Beginner Yoga ~ Sue ~</p> <hr/> <p align="center">5:30-7:00 pm Easy Beginner Yoga & Body Rolling</p> <p align="center">8 weeks \$107.10 <u>No Classes:</u> Feb 16th + March 1st ~ Tangi ~</p> <hr/> <p align="center">7:30-8:30 pm Essential Pilates ~ Wanda ~</p>	<p align="center">9:00-10:00 am Body Blend</p> <p align="center">9 weeks \$111.04 <u>No Class:</u> Feb 17th ~ Lori ~</p> <hr/> <p align="center">10:30-11:30 am Chair Yoga Drop-In Only \$5/class ~ Sue ~</p>	<p align="center">♥ <u>Karma Yoga</u> ♥</p> <p align="center">Beginner Yoga Class Fundraising & Fun!</p> <p align="center">One Friday Each Month 7:00 – 8:30 pm</p> <p align="center">Feb 24th March 23rd</p> <p align="center"><u>\$5 Suggested</u> <u>Donation</u></p>
<p align="center">6:30-7:30 pm Body Blend ~ Lori ~</p> <hr/> <p align="center">Beausejour Yoga Early Years School Library 6:30-8:00 pm</p> <p align="center"><u>No Classes:</u> Feb 20, March 26, April 9 ~ Sue ~</p>	<p align="center">5:30-7:00 pm Active More Challenge Yoga ~ Sue ~</p> <hr/> <p align="center">7:30-9:00 pm Easy Beginner Yoga ~ Sue ~</p>				

www.soozeyoga.com

204-444-5621

204-793-4674 cell

203-449 Main St. Oakbank

~Class Schedule & Fees Subject to Change~

♥ **Class Cards Available** ♥ **Drop-In's Welcome \$15/class** ♥ **Senior's Discount** ♥